

### Pray for One Another彼此代禱 James 5 v 16 雅各書5:16

Nearly 60 one another statements in the New Testament Expressing a different aspect of Jesus' command to love one another

新約聖經裏共有接近60處經文提及耶穌教導我們如何彼此相愛

# What stops us praying for one another? 有甚麼事防礙我們彼此代禱呢?

- What encourages us to pray?
- 甚麼鼓勵我們祈禱呢?
- What makes it challenging to pray?
- 甚麼讓祈禱變得更有挑戰?
- What answers have you had when praying with someone
- •彼此代禱時又會獲得甚麼答案呢?
- Or at times has it seemed God has been silent?
- 又或者,神彷彿沉默起來?

## St Paul wrote about praying for one another 保羅書信中提及彼此代禱

- "And pray in the spirit on all occasions with all kinds of payers and requests. With this in mind, be alert and always keep on praying for all the saints " Ephesians 6 v 18 "靠着聖靈,隨時多方禱告祈求;並要在此警醒不倦,為眾聖徒祈求," (以弗所書 6:18)
- For where two or three gather in my name, there am I with them." Matthew 18 v 20
  - "因為無論在哪裏,有兩三個人奉我的名聚會,那裏就有我在他們中間。」" (馬太福音18:20)
- No special words needed 不需要特別的言語
- Pray anywhere 隨時禱告
- Pray for person to have an encounter with God 為別人藉着禱告能與神相遇

#### James 5 v 13-16 雅各書5:13-16

- Is anyone of you in trouble? He should pray. Is anyone happy? Let me sing songs of praise. Is anyone among you sick? He should call the elders of the church to pray over him and anoint hm with oil in the name of the Lord. And the prayer offered in faith will make the sick person well. The Lord will raise him up If he has sinned, he will be forgiven. There fore confess your sins to each other **and pray for one** another s that you may be healed.

#### Instructions to live a Christian Life 基督徒生活的指引

- The importance of being in relationship with God and each other 與神及與人彼此關係的重要
- share our weaknesses and sickness with each other 彼此分享我們的軟弱和病患
- anything in the way of our relationships or any hurts or upsets us we can ask for forgiveness, peace and restoration.
  - 任何關係中的傷害或難處也可向神求賜下寬恕、平安及復和。
- God does not intend for Christians to suffer alone 神不願基督徒獨自一個受苦

#### Jesus is praying for us 耶穌為我們祈禱

- "I pray for them...for those whom you have given me..." John 17 v 9 "我為他們祈求,不為世人祈求,卻為你所賜給我的人祈求,因他們本是你的。"(約翰福音17:9)
- Christ Jesus ...is able to save completely [a] those who come to God through him, because he always lives to intercede for them. Hebrews 7 v 25
- "凡靠着他進到神面前的人,他都能拯救到底;因為他是長遠活着,替他們祈求。"(希伯來書7:25)

## Prayer is a journey of commitment 禱告是一個委身的旅程

- we wait see what God wants to do in their life 我們等候神在我們生命中的工作
- God might be doing things we cannot see 或許我們看不清神的作為
- Allow selves to be vulnerable 容許自己成為脆弱
- God can use us for answers as practical support 神會使用我們成為彼此之幫助
- Our circumstances might not change 環境或許並未改變
- present your requests to God. <sup>7</sup> And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.
   Philippians 4:6-7

將你們所要的告訴神。神所賜、出人意外的平安必在基督耶穌裏保守你們的心懷意念。" (腓立比書4:6-7)

#### Jesus our example 耶穌是我們的榜樣

- The Lords Prayer 主禱文
- Prayer for us and for others 為我們及別人祈禱
- One of the hardest command is where Jesus says to us pray for your enemies 其中一個最難的命令是耶穌說我們要為仇敵禱告
- "But I tell you, love your enemies and pray for those who persecute you"

  Matt 5 v 44
- "只是我告訴你們,要愛你們的仇敵,為那逼迫你們的禱告。" (馬太福音 5:44)

#### Pray for each other 彼此代禱

- We are called to be faithful not successful 我們被呼召信靠主而非成功
- We can't seek to control what God does
   我們不能限制神的工作
- Keep praying even if we don't feel anything 即使我們感受不到神的工作,我們依然不斷禱告
- Help each other to receive God's touch on their lives 彼此幫助去經歷神在我們生活中的觸碰
- Open to pictures, images, words, scriptures for each other 開放自己藉畫像、圖像、文字及經文彼此提醒