

Week 4

Value: All Involved

Welcome

What is your greatest challenge in terms of spiritual growth?

Worship

If you have a musician in the group, ask them to prepare and lead about ten minutes of worship choruses.

If no musician is available, ask a group member to bring a CD or tape and lead the group in a time of worship either by singing with the track or by meditating on the words as they are sung. You may need to write out the words and have a copy for each person.

Word

Read Philippians 3:12-14 and 1 Corinthians 9:24-27.

The Christian life is like a journey or a race. From 2 Corinthians 17-18 what is one goal of this journey? — to be like Jesus.

Ask someone else to **read Hebrews 12:1-13**. What holds us up on the journey? What kind of things does Paul mean when he says “everything that hinders and the sin that so easily entangles”?

In pairs or triplets, ask each other for honest answers to the question: “What things are stopping me from becoming more like Jesus?”

There are many answers, but it could be a specific recurring sin or hurt from the past, unbelief or lack of faith.

Pray for each other, asking God for a breakthrough in these areas. You could use Romans 8:1-3 as encouragement.

Ask cell members to be accountable to each other about the things they have shared, and to encourage one another to change.

Witness

Spend some time praying again for God to establish his Kingdom in your neighbourhood.