

Be thankful

感恩

Be thankful

Philippians 腓立比書 4:6

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

應當一無罣慮，只要凡事藉著禱告、祈求，和感謝，將你們所要的告訴神。

神所賜、出人意外的平安必在基督耶穌裡保守你們的心懷意念。

Be thankful

‘Do not be anxious’

Being anxious can stop us being thankful

What are we anxious about?

“不要憂慮”

憂慮會阻止我們感恩

我們在憂慮什麼？

Hebrews 希伯來書 12:28

Therefore, since we are receiving a kingdom that cannot be shaken, let us be thankful, and so worship God acceptably with reverence and awe.

所以我們既得了不能震動的國，就當感恩，照神所喜悅的，用虔誠、敬畏的心事奉神。

What are we thankful to God for?

我們要感謝上帝什麼？

Colossians 歌羅西書 3:15

Let the peace of Christ rule in your hearts, since as **members of one body** you were called to peace.

And be thankful.

又要叫基督的平安在你們心裡作主；你們也為此蒙
召，**歸為一體**；且要存感謝的心。

‘As members of one body’

Who are we thankful for?

“作為主耶穌身體的成員”

我們要感謝誰？